



CHRISTIAN BROTHERS

SCHOOL

City Park Campus
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St. Anthony Campus
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New Orleans, LA 70119
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August 15, 2023

Parents,

You are receiving this letter because your son is registering for the upcoming swim season. Amy and Warren “Trey” Palmisano are heading up the program for the 2023 season. The first practice will be conducted on Friday, September 8th at Lakeside Country Club and we are scheduled to practice on Fridays from 2:30-3:15. I will post the New Orleans Athletic League meet schedule once the league finalizes the dates. We may add dates should the Metro League decide to host meets this season. You will receive emails or text messages from the coaches regarding practices and meets. I will create a Canvas Course to disseminate additional information.

Your son is required to have a physical in order to compete in athletics at CBS. If you have a physical for your son that has not been provided to CBS please turn it in to Ms. Karen in the front office. If not, you must schedule an appointment with your son’s physician to have the physical examination completed. I can email you the physical form that must be signed by the examining physician. Your son will not be allowed to participate in practices or meets if he does not have a physical. You should contact Raymond Rapheal, Ochsner Trainer, through the front office if you wish to check whether, or not, we have a current physical for your child. You must speak with Mr. Rapheal as he maintains the electronic and hard copy of the physicals received.

We have swim caps in stock for purchase. Your son must have a swim cap. Also in stock are CBS Swimming t-shirts in youth sizes, polo-shirts in youth sizes, sweat tops in youth and adult sizes, drawstring bags and flip flops. You will be able to view pictures of the stock items on Canvas once you register your son for swimming. You should email me directly to purchase any of the stock items. My email address is cbell@cbs-no.org. You can remit the fees associated with the costs of the swim swag that are in stock after your son has received the gear. We may have an online store set up once the season begins so that you have the option to purchase other items.

The coaches will have a meeting with the boys at the first practice regarding the expectations of the program. I will follow up with a team meeting the following Friday during the break period. It is imperative that the boys and guests remember that we are all representatives of CBS while attending school functions. The board members at Lakeside Country Club have been gracious hosts allowing our boys to practice at the club. We have been told we will not be allowed to conduct practices at Lakeside if rules are ignored. Please observe the club rules while on site.

Sincerely,

Christopher J. Bell

Christopher J. Bell
Christian Brothers School
City Park Campus, Athletic Director

“Your sons into young men, young men into Christian gentlemen.”