

# October 2022

## CBS Canal Street Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;">3</p> <p>Salisbury Steak Mashed Potatoes and Gravy Glazed Carrots Fresh Fruit Chilled Peaches (Pre-K) French Bread Milk</p> <p style="text-align: center;"><b>Preplated Salad</b> Chicken Caesar Wrap</p>	<p style="text-align: right;">4</p> <p>Beef Tachitos Cheese Sauce Golden Corn Fresh Fruit Chilled Strawberries (Pre-K) Cinnamon Roll Milk</p> <p style="text-align: center;"><b>Preplated Salad</b> Chicken Caesar Wrap</p>	<p style="text-align: right;">5</p> <p style="text-align: center;"><b>Hawaiian</b></p> <p>Sweet Heat Meatballs Macaroni &amp; Cheese California Mixed Vegetables Baked Beans Fresh Fruit Chilled Pineapples (Pre-K) Southern Butter Roll Milk</p> <p style="text-align: center;"><b>Preplated Salad</b> Chicken Caesar Wrap</p>	<p style="text-align: right;">6</p> <p>Pepperoni or Cheese Pizza Tots/Shoestring/Crinkle/Smiles Caesar Salad Fresh Fruit Chilled Applesauce Milk</p> <p style="text-align: center;">Bananas (Pre-K)</p> <p style="text-align: center;"><b>Preplated Salad</b> Chicken Caesar Wrap</p>	<p style="text-align: right;">7</p> <p>Chicken Nuggets Tots/Shoestring/Crinkle/Smiles Broccoli with Cheese Fresh Fruit Chilled Pears (Pre-K) Southern Butter Rolls Brownies Milk</p> <p style="text-align: center;"><b>Preplated Salad</b> Chicken Caesar Wrap</p>
<p style="text-align: right;">10</p> <p>White Beans Steamed Rice Sausage Link Broccoli and Cheese Fresh Fruit Chilled Peaches (Pre-K) Southern Butter Roll Milk</p> <p style="text-align: center;"><i>Pre-K Option Only</i> Popcorn Chicken</p> <p style="text-align: center;"><b>Preplated Salad</b> Southwest Grilled Chicken Wrap</p>	<p style="text-align: right;">11</p> <p>Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce &amp; Chopped Tomatoes Golden Corn Fresh Fruit Chilled Strawberries (Pre-K) Cinnamon Roll Milk</p> <p style="text-align: center;"><b>Preplated Salad</b> Southwest Grilled Chicken Wrap</p>	<p style="text-align: right;">12</p> <p style="text-align: center;"><b>Asian</b></p> <p>General Tso Chicken Smackers Fried Rice California Blend Vegetables Spring Salad Mix Fresh Fruit Chilled Mandarin Oranges(Pre-K) Southern Butter Roll Milk</p> <p style="text-align: center;"><b>Preplated Salad</b> Southwest Grilled Chicken Wrap</p>	<p style="text-align: right;">13</p> <p>Meatballs &amp; Spaghetti Caesar Salad Fresh Fruit Chilled Applesauce Garlic Roll Milk</p> <p style="text-align: center;">Bananas (Pre-K)</p> <p style="text-align: center;"><b>Preplated Salad</b> Southwest Grilled Chicken Wrap</p>	<p style="text-align: right;">14</p> <p>Chicken &amp; Sausage Jambalaya Glazed Carrots Seasoned Green Beans Fresh Fruit Chilled Pears (Pre-K) Cake French Bread Milk</p> <p style="text-align: center;"><b>Preplated Salad</b> Southwest Grilled Chicken Wrap</p>
<p style="text-align: right;">17</p> <p>General Tso Chicken Smackers Tots/Shoestring/Crinkle/Smiles Seasoned Green Beans Fresh Fruit Chilled Peaches (Pre-K) Southern Butter Roll Milk</p> <p style="text-align: center;"><b>Preplated Salad</b> Cobb Salad with Breadstick</p>	<p style="text-align: right;">18</p> <p style="text-align: center;"><b>Loaded Nacho Supreme Bowl</b></p> <p>Meaty Nacho Cheese Nacho Chips Shredded Lettuce &amp; Tomatoes Refried Beans Fresh Fruit Chilled Strawberries (Pre-K) Cinnamon Stick Milk</p> <p style="text-align: center;"><i>Pre-K Option Only</i> Yellow Grilled Cheese Tots/Shoestring/Crinkle/Smiles</p> <p style="text-align: center;"><b>Preplated Salad</b> Cobb Salad with Breadstick</p>	<p style="text-align: right;">19</p> <p style="text-align: center;"><b>French</b></p> <p>Fried Chicken Drumstick Potatoes Au Gratin Carrot Souffle Fresh Fruit Chilled Pears (Pre-K) French Bread Milk</p> <p style="text-align: center;"><i>Pre-K Option Only</i> Chicken Nuggets</p> <p style="text-align: center;"><b>Preplated Salad</b> Cobb Salad with Breadstick</p>	<p style="text-align: right;">20</p> <p>Italian Bake Pasta Caesar Salad Golden Corn Fresh Fruit Chilled Applesauce Garlic Roll Milk</p> <p style="text-align: center;">Bananas (Pre-K)</p> <p style="text-align: center;"><b>Preplated Salad</b> Cobb Salad with Breadstick</p>	<p style="text-align: right;">21</p> <p>BBQ Boneless Wing Bar Celery Sticks with Ranch Roasted Cauliflower Fresh Fruit Chilled Pears (Pre-K) Southern Butter Roll Brownie Milk</p> <p style="text-align: center;"><b>Preplated Salad</b> Cobb Salad with Breadstick</p>
<p style="text-align: right;">24</p> <p>Chicken Stew Steamed Rice Seasoned or Italian Green Beans Carrot Souffle Fresh Fruit Chilled Peaches (Pre-K) French Bread Milk</p> <p style="text-align: center;"><b>Preplated Salad</b> Chicken Caesar Salad with Breadstick</p>	<p style="text-align: right;">25</p> <p style="text-align: center;">Half Day / No Lunch Fall Break</p>	<p style="text-align: right;">26</p> <p style="text-align: center;">No School Fall Break</p>	<p style="text-align: right;">27</p> <p style="text-align: center;">No School Fall Break</p>	<p style="text-align: right;">28</p> <p style="text-align: center;">No School Fall Break</p>
<p style="text-align: right;">31</p> <p>Hamburger on Bun w/wo Cheese Lettuce/Tomato/Pickles Baked Beans Fresh Fruit Chilled Peaches (Pre-K) Milk</p> <p style="text-align: center;"><b>No Middle School Lunch - Off Campus for Spirit Day</b></p>				